

**MINUTES - WECHC PARTNERSHIP ADVISORY COMMITTEE (PAC)**  
**Pickwick Site**  
**7621 Tecumseh Road East, Windsor, ON**  
**(Entrance to parking lot on corner of Annie Street & Tecumseh Road)**  
**Wednesday December 9, 2015**  
**9:00 – 11:00 am**

**Chair:** Hardeep Sadra, Senior Director  
**Recorder:** Lynn Thomson, Administrative Coordinator

**Community Partners In Attendance: 22**

**1. Welcome/Intro**

**H. Sadra**

- Approval of September 16, 2015 Meeting Minutes. Approved as circulated

**2. Community Information Session**

• **Southwest Detention Centre**

**J. MacVoy**

Power Point presentation highlighting the new model of the Detention Centre.

• **Multicultural Council (MCC) – Syrian Refugee Status**

**C. Alves**

MCC met with City of Windsor on Wednesday to discuss the requirement of social supports (housing, medical, settlement). Ontario's Health Action Plan was reviewed and discussed. The refugees will arrive in phases. Private sponsored refugees have started to arrive; the sponsors are responsible for settlement. MCC will support the settlement plan for the government assisted refugees for the first year. Within the first 15 days of arrival a post arrival health assessment will be completed by the NP at MCC. The pre-health screenings completed prior to arrival in Canada are not available. MCC will receive and settle them, provide housing and connect with services in the community (coordination of care with community partners). Professional interpreters will be required for medical appointments. Hospitals are encouraged to use the Language Line. Government sponsored refugees will start arriving this week. The prediction of the biggest wave of influx will be mid December – February. WECHC will support with primary care services.

• **WECHC – Back Office Integration**

**P. Brown/A. Palmer**

LHIN is encouraging funding allocation, as much as possible, on direct patient care rather than to back office support. The LHIN supports WECHC offering back office support (HR & Payroll) to smaller not-for-profit organizations for a more efficient and economical solution. WECHC currently supports Chatham Kent CHC. Any organizations interested should contact either Amy Palmer or Patrick Brown. Power Point attached to minutes.

**3. Community Updates**

**WECHC:** American Bridge Company will purchase Forrester High School for land utilization. The use of the building is offered (rent free) to any community partners who would like to utilize. Any interested parties should contact Glenn. WECHC will have extended hours over the holiday and will be open on 28<sup>th</sup> December. There is availability for walk-in clients at all sites.

**Leamington Hospital:** Will present at next meeting. Focus on program expansion continues. New growth and refurbishment of the Out Patient Department is complete.

**Life After Fifty:** Planning the Winter Programming Guide is underway and will be available at both locations. A neighborhood initiative, "Our West End", is funded through United Way for seniors' outreach in the community to offer programs. Community Stakeholders have been invited to determine the community needs.

**Mental Health Connections:** Continue to run a daily activity schedule 5 days/week. In partnership with Goodfellows, 300 food baskets will be distributed. If transportation is an issue, delivery will be arranged. Applications past the deadline are still being received. Open throughout the Christmas Holiday period, including Boxing Day to support their clients. Twenty five clients have graduated from the Family Education Program (FEP). A new FEP will be held in January.

**Windsor Essex Local Immigration Partnership:** As a result of the meeting with City of Windsor and MCC regarding the Syrian Refugees, follow up planning meetings are ongoing to provide support.

**CMHA:** Following a very helpful community engagement session, the Strategic Plan has been completed. The new strategic priority will focus on re-engaging with the commitment to mental health promotion (training in the community and in schools) and empowering transitions to wellness. The other area of focus is the housing model. In partnership with Family Services Windsor, a broader group of individuals will be supported as they move towards a housing first model. Work is continuing with the partnership with HDGH. Current priorities are the central intake and triage process and Syrian Refugees. A strategy will be implemented to create a mobile team to attend the locations of the intake process to support the care plan dependent on mental health needs.

**Windsor Essex County Health Unit:** 'Take Charge' is a newly created healthy eating program to provide supportive environments to promote healthy food and beverage options throughout Windsor-Essex County. The pilot project will run in from December 2015 until March 2016. All publically funded dental services have been amalgamated to focus on more vulnerable populations. There are now 6 Tobacco Enforcement Officers to support the new Electronic Cigarettes Act. Resiliency Rocks is a teacher resource for students in grades 1 to 3 to help children develop skills to deal with day-to-day stressors. The kit includes five teaching modules which emphasize building empathy, promoting self-esteem, developing perseverance, and effectively working together. Teachers choose from the modules they would like to use, or stick to the Core Kit, depending on their student's needs and time available in their curriculum. Health Community Kids Challenge for ages 0-12 years (physical activity and healthy eating) is being run through the City of Windsor in collaboration with WECHU. Funding is available yearly for 3 years. Eligibility is determined on social determinants of health. The wards served are 2, 3 & 7 in addition to the county. There is no mental health strategy in place. Currently investigating what services are available and what role WECHU could play in supporting mental health services in the community.

**AIDS Committee of Windsor:** A Needs Assessment will take place in the New Year. Only 20% of clients accessing services are women. Developing an action plan to reach more women in the community and create more women centered programs. Working with Welcome Centre to set up a central needle/syringe site. Harm reduction kits will be made available.

**The Windsor Women Working with Immigrant Women:** Expanding mental health program to include Swahili and Arabic programs for men. The partnership with Teen Health to collaborate programming is ongoing. Planning for secondary migration was discussed. Primary migration involves immigrants settled in a certain location. Once settled they are free to move to other cities (secondary migration). There is no funding or planning for this. Windsor is a popular secondary migration city due to the cultural diversity. A new senior equestrian therapy program has been successful.

**CCAC:** The 2014-15 Annual Report has been released (located on the CCAC website). The plan is to move forward with the patient care model. This identified the lower needs patients are currently well served. Focus will be on more complex clientele and how to better serve their needs. Work is ongoing with LHIN and community partners with advanced integration. Work is ongoing with Chatham Kent FHT

with a research tool identifying quality improvement indicators. This identifies those most likely to go back to ER or return to hospital. Services and supports required to support these clients will be identified.

**Windsor Essex Housing Connections:** Will present at a future meeting

**Windsor Family Health Team:** Working with WECHU on the fluoride varnish pilot project commencing February 2016. Nurses will apply fluoride to children's teeth aged 0-5 years. The STOP (Smoking Cessation) program has commenced in partnership with ARGI. One physician is still enrolling patients. There are two physicians who speak Arabic. Recruitment is underway for a dietitian / health promoter.

**Harrow Family Health Team:** A number of new programs for patients have been introduced. Focus is on exceptional patient care. Policies & Procedures and programs are under review. Quality improvement initiatives are ongoing. The pilot project in McGregor is complete. A media release is being prepared for the public on services not being continued.

**BANA:** CBTE – 2 clinicians providing individual counselling in addition to the groups. Annual training completed on emotional focused therapy. Partnership with 2 methadone clinics has been established. Health promotion ongoing with tool kits available online available for schools. Self- Esteem & Body Based Harassment Workshops are being held for children in grades 5-8. Two research grants applied for: (1) Targeting prevention for grade 9 girls and (2) Post Secondary & Adult Influencers. Handouts were provided on males not accessing services and the LGBT Community (attached).

**MCC:** Planning for Annual Health Fair in May (theme to be determined). Awaiting confirmation of the Healthy Communities Grant which focused on mental health. Diversity at MCC event will be held on April 19. Contact Camilla if you would like to present. In partnership with WECHC, 127 clients were immunized at the November Flu Clinic.

**University of Windsor:** Opportunities are available for students to work with community partners. Community placements are expanded and focus on placements that provide an insight on social determinants of health. There are a number of researchers who will work with community partners in their areas of expertise on a project basis.

**Sandwich Community Health & Leamington Site:** Moved to a new site in January in Leamington on Princess Street. Services have expanded to support Low German speaking and migrant working populations. Continue to intake new clients. Work is ongoing with LDMH to provide primary care to those lacking to assist in keeping them out of hospital and ER. Kids Alliance Program will be wrapping up at the end of December due to a change in funding from the City of Windsor. SCH is partnering with WECHU on the fluoride varnish pilot project.

**4. Discussion Topic:** Grant based funding and maintaining programs - How to support our vulnerable clients on limited funding.

Acknowledgement was given that all organizations struggle to balance client needs with limited funding. A request was made to bring forward any issues on struggles supporting clients to future meetings to collaborate on how to best meet client needs.

**5. Closing Remarks / Thank You**

**H. Sadra**

Best wishes were extended for the upcoming holiday season.

**6. Next Steps**

• **Presenters for March 9, 2016 Meeting**

- ✓ LDMH - Outpatient Partnerships (Megan Miinch)
- ✓ Community Living – Windsor Essex (Advocate for and Manager of Community Relations and Community Resources)
- ✓ Windsor Police Service - 'Support our Seniors' (SOS) Program (Deanna Lamont)

- **Presenters for June 8, 2016 Meeting**

- ✓ The Windsor Women Working with Immigrant Women - Settlement and health initiatives in Leamington – tentative topic (Naomi Levitz)
- ✓ AIDS Committee of Windsor – Women Centered Harm Reduction & Programs and Services (Kimberley Levergood)

**7. Adjournment**

**H. Sadra**

**8. The next meeting is scheduled for Wednesday March 9, 2016 from 9:00 am–11:00 am at Pickwick Site, 7621 Tecumseh Road East, Windsor, ON**

*Respectfully Submitted by Lynn Thomson*