
Position Title:	Registered Dietitian – Eating Disorders
Company/Program:	Windsor Essex Community Health Centre – Teen Health site
Classification:	Contract, Full-Time
Date Posted:	July 22, 2024

CORE RESPONSIBILITIES OF THE POSITION

The Registered Dietitian functions as a member of the inter-professional team and performs nutritional assessments, development of client-focused nutritional plans, health education/counseling, and other clinical activities for families, youth (ages 12-24) and clients affected by eating disorders. This position will be part of an Intensive Outpatient Program (IOP). The Registered Dietitian will:

- Assess client nutritional status by gaining an understanding of the client's goals, psychological outlook, cultural background and clinical profile
- Develop nutritional plans incorporating clients' health goals, culture and income
- Provide written and verbal instructions to clients, translating scientific information about food into practical dietary advice for people on normal and therapeutic diets
- Educate and advise a wide range of clients with diet-related disorders on the practical ways in which they can improve their health by adopting healthier eating habits
- Contribute to chart documentation as per college and weCHC standards; participate in chart reviews and case conferences
- Communicate client progress to referring/non-referring Physicians or Primary Healthcare providers as needed
- Ensure ongoing nutritional care by, monitoring client progress on a regular basis and working within the client's circle of care to ensure positive outcomes for the client.
- Participate in identifying needs within the community and developing programs which address those needs as appropriate to the weCHC strategic plan
- Collaborating with community partners to support population health from a nutrition perspective.
- Perform other duties that support the mission and vision of the organization and/or as assigned based on position responsibilities and/or site requirements.

SKILLS, KNOWLEDGE & EXPERIENCE REQUIRED

- 3-5 years clinical counselling and community nutrition experience
- Excellent communication and presentation skills with a demonstrated ability to undertake nutritional counselling (individual and group)
- Strong knowledge of nutritional issues affecting clients, thorough knowledge of community-based health care and resources
- Experience working with youth affected by Eating Disorders an asset
- Demonstrated ability to work independently and as a team member within an evolving role in an inter-professional environment
- Strong commitment to health promotion, community development and youth/adult education
- Ability to work in a variety of social and physical settings
- Experience in program development, implementation, monitoring and evaluation
- Excellent follow-up and follow through skills with ability to identify and resolve problems in a timely manner
- Clean driver's abstract, current, valid class "G" driver's license and reliable transportation to support travel across Windsor Essex county and the province, as required
- Bilingual (English/French) language skills an asset.

JOB POSTING

EDUCATION AND CERTIFICATE REQUIREMENTS

- Bachelor of Science in Nutrition and Food from a recognized University
- Member in good standing and current registration with the College of Dietitians of Ontario.
- Eating Disorders training/certification an asset
- Completion of a Police Clearance/Vulnerable Sector Check prior to commencing employment

CLOSING DATE

Please email your resume and cover letter to hr@wechc.org no later than July 28, 2024. Include the posting number THRDED24AC in the subject line.