

Volunteers Needed!

The Chronic Disease Management program is looking for volunteers to support therapeutic exercise. Volunteers will have the opportunity to assist clients in improving their functional abilities through exercise classes. Gain experience in exercise rehabilitation, physiotherapy, and occupational therapy, while supporting individuals in making meaningful change.

Qualifications Include

- Volunteers enrolled in the following programs are preferred: Human Kinetics, Social Work, Science, Psychology, Paramedic, Occupational Therapy, Physiotherapy, Personal Support Worker, Social Service Worker, Gerontology, Practical Nursing & Pre-Health Sciences, Fitness & Health Promotion, Dietetics/Nutrition
- Willingness to assist clients with physical and/or cognitive challenges to remain active.
- Excellent communication skills.
- Motivated, reliable, patient, and respectful.
- Able to follow directions and enjoy teamwork.
- Experience working with seniors is an asset.



Scan to apply
or email
[volunteers@wechc.org!](mailto:volunteers@wechc.org)

Windsor Essex **weCHC**
Community Health Centre

